

Yes Day

Inspiration ...

Watch the whole film if you can. If you can't, here is the link to the trailer:

 <https://www.youtube.com/watch?v=Y-3Vr8Ut8d0>



According to IMDb as of Sept 2022 the certificate for this film is: **PG**

Biblical Reference:

Luke 1:38-40

'I am the Lord's servant,' said Mary; 'may it happen to me as you have said.' And the angel left her.'

(Good News Translation)

Saying Yes! To Jesus

Link exploration:

The film 'Yes Day' sees Allison and Carlos Torres, two former free spirits, who are now parents of three children, living a life of 'No'. They have forgotten how to say 'Yes' to let more joy into their lives, to open up to different possibilities and to connect as a family. They agree to a "Yes day" in which they let their children make all the rules for 24 hours.

Throughout the film the parents had to say 'Yes' to all that the children threw their way: some of the activities were really fun and easy, other activities took them out of their comfort zone. The family spent time together and got to know each other and themselves better. Towards the end of the film, the oldest daughter had a difficult choice to make, did she say 'Yes' to attending a concert or 'Yes' to staying and looking after her brothers and sisters? Which voice did she listen to and is it the right one?

It's the same for us. We don't have to do a lot of special things to be in God's family. All we have to do is say 'Yes' to Him and follow him. God wants us to say 'Yes' to him, to listen and know His voice so that we can know His will for us. To follow Him even when it means doing things that won't make us popular. To know that when we make the wrong choice, we can say sorry, be forgiven and do our best to listen to Him the next time.



Prayer

Dear Lord, help me to continually say 'Yes' to You. Help me not to be afraid to trust You and Your will for my life. I want to experience everything You have for me. In the name of Jesus, I pray. Amen.

Personal challenge

- Have a look back on your day and the various situations you found yourself in. Think about your actions. What did you do? What did you say? What didn't you do? What didn't you say? Decide in each instance whether you were saying 'yes' to God or 'no' to God each time.
- Thank God for the times when you heard Him and asked Him for His help so that you can hear Him more often.
- Do you know who else in the Bible said 'Yes' to God?
- Who else do you know who said 'Yes' to God?
- Have you said 'Yes' to God?

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