



## The Liturgy of the Sacrament

### The Peace

*The president introduces the peace with these or other suitable words*

Let the peace of Christ rule in our hearts,  
since as members of one body we are called to peace.

The peace of the Lord be always with you  
**and also with you.**

### Preparation of the Table

*The table is prepared and bread and wine are placed upon it.*

*These or similar words may be used*

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**Blessed be God for ever.**



Holy Eucharist 7

Two main places for the Peace.

Here is the earliest, to conclude communal prayer. (? Mt 18:19 – but in later understanding Mt 5:23-24)

The other is after the Lord's Prayer (?Mt 6:12,14)

The structure is based on the actions:

Take (Preparation of the Table)

Give Thanks (Eucharistic Prayer)

Break (Breaking of Bread)

Share (Holy Communion)

Two actions?

Take with thanks for God to transform

Share with love for God to bless

“And on the day called Sunday, all who live in cities or in the country gather together to one place, and the memoirs of the apostles or the writings of the prophets are read, as long as time permits; then, when the reader has ceased, the president verbally instructs, and exhorts to the imitation of these good things. Then we all rise together and pray, and, as we before said, when our prayer is ended, bread and wine and water are brought, and the president in like manner offers prayers and thanksgivings, according to his ability, and the people assent, saying Amen; and there is a distribution to each, and a participation of that over which thanks have been given.” (Justin Martyr *First Apology* 67)



## From Liturgy to Life 3: Transformed with Christ

### Eucharistic Prayer

The Lord be with you *or* The Lord is here.  
**and also with you** **His Spirit is with us.**  
 Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise  
 through your beloved Son Jesus Christ,  
 your living Word, through whom you have created all things;  
 who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
 as your Son, born of the blessed Virgin,  
 he lived on earth and went about among us;  
 he opened wide his arms for us on the cross;  
 he put an end to death by dying for us;  
 and revealed the resurrection by rising to new life;  
 so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
 and with all the company of heaven,  
 we proclaim your great and glorious name,  
 for ever praising you and saying:

**Holy, holy, holy Lord,  
 God of power and might,  
 heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
 grant that by the power of your Holy Spirit,  
 and according to your holy will,  
 these gifts of bread and wine  
 may be to us the body and blood of our Lord Jesus Christ;

### Remembrance

Who, in the same night that he was betrayed,  
 took bread and gave you thanks;  
 he broke it and gave it to his disciples, saying:  
 Take, eat; this is my body which is given for you;  
 do this in remembrance of me.

In the same way, after supper  
 he took the cup and gave you thanks;  
 he gave it to them, saying:  
 Drink this, all of you;  
 this is my blood of the new covenant,  
 which is shed for you and for many for the forgiveness of sins.  
 Do this, as often as you drink it,  
 in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
 his perfect sacrifice made once for the sins of the whole world;  
 rejoicing in his mighty resurrection and glorious ascension,  
 and looking for his coming in glory,  
 we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
 we bring before you this bread and this cup  
 and thank you for counting us worthy  
 to stand in your presence and serve you.

Send the Holy Spirit on your people  
 and gather into one in your kingdom  
 all who share this one bread and one cup,  
 so that we, in the company of the Blessed Virgin Mary, and all the saints,  
 may praise and glorify you for ever,  
 through Jesus Christ our Lord;

through him, and with him, and in him,  
 in the unity of the Holy Spirit,  
 all honour and glory be yours, almighty Father,  
 for ever and ever.

**Amen.**

### Prayer



## From Liturgy to Life 3: Transformed with Christ

### Creation

For he is your living Word; through him you have created all things from the beginning, and formed us in your own image. (A)

You are worthy of our thanks and praise Lord God of truth, for by the breath of your mouth you have spoken your Word, and all things have come into being. You fashioned us in your image and placed us in the garden of your delight. (F)

From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you made us in your image, the crown of all creation. (G)

### Incarnation

By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; (B)

yet in the coming of your Son Jesus Christ, you reveal the power of your love made perfect in our human weakness. Embracing our humanity, Jesus showed us the way of salvation. (F)

When we turned away you did not reject us, but came to meet us in your Son.

**You embraced us as your children and welcomed us to sit and eat with you.**  
In Christ you shared our life that we might live in him and he in us. (H)

### Cross, Resurrection and Ascension

we remember now his offering of himself made once for all upon the cross, we proclaim his mighty resurrection and glorious ascension (A)

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension (B)

Father, we plead with confidence his sacrifice made once for all upon the cross; we remember his dying and rising in glory, and we rejoice that he intercedes for us at your right hand (G)

### Kingdom / End

Lord of all life, help us to work together for that day when your kingdom comes, and justice and mercy will be seen in all the earth (E)

Gather your people from the ends of the earth to feast with (*N and*) all your saints at the table in your kingdom, where the new creation is brought to perfection (F)

Bring us at the last with (*N and*) all the saints to the vision of that eternal splendour for which you have created us; through Jesus Christ our Lord (G)

Which of these themes matter most to you? Which matter least?